



### Note from the Tabor Academy Health Center

Dear Parent(s)/Guardian(s):

Your son/daughter has signed up to participate in the community service trip to Cambodia over the summer from 6/10/16 – 6/21/16. The CDC (Center for Disease Control & Prevention) recommends travelers to Cambodia receive the following vaccinations:

**Hepatitis A** – This is a two shot series, recommended by the CDC for travel to Cambodia. The second immunization dose must be a minimum of 6 months from the initial Hepatitis A vaccine. However, the series may be initiated prior to travel without completion of the series. It is strongly recommended that your child receive this vaccination prior to travel. If you are interested in having your child vaccinated for this, please schedule an appointment with his/her PCP during Spring break to initiate the series.

Please see attachment for the Hepatitis A Vaccine Information Statement from the CDC.

**Typhoid** – This is given as one injection or 4 tablets over 8 days (Tablets preferred). The tablets should be completed at least one week prior to departure. The injection can be administered months prior to departure and can be given with the second dose of Hepatitis A vaccine. If you are interested in having your child vaccinated for this, please discuss with your PCP and they can order this vaccination. If you are having difficulty ordering it through your PCP, then we can order the oral tablets through our medical supplier and bill you directly. Last year, the cost of the tablets were \$70.65. Please keep in mind that the oral form must be initiated at least one week prior to departure.

Please see attachment for the Typhoid Vaccine Information Statement from the CDC

**Hepatitis B** – This is a three shot series. (All high school students should have received this series.)

**Tdap Booster, Varicella and MMR** – All high school students should have received these immunizations.

Protecting against **Typhoid** is strongly recommended by the CDC for travel to Cambodia especially for visiting rural areas and villages where exposure might occur through food or water. Typhoid can be a serious disease and is transmitted through the fecal-oral route. Symptoms include lasting high fevers, weakness, stomach pains, headache and loss of appetite. Please see the below link for more information regarding Typhoid disease: <http://wwwnc.cdc.gov/travel/diseases/typhoid>

**Malaria** is present throughout Cambodia. However, the areas the service trip will be attending represent lower risk areas. Malaria is a disease spread through infected mosquitoes. Symptoms may appear within 7-30 days including fever, chills and flu-like illness. Travelers should wear insect repellent, wear long pants and shirts, and use mosquito netting if sleeping outdoors. Common medications are Doxycycline and Atovaquone-proguanil. Some medication must be taken from 1-2 days to 1-2 weeks prior to travel. Please plan accordingly and talk to your child's PCP if you feel Malaria chemoprophylaxis is something you would like your child to have for the trip. <http://wwwnc.cdc.gov/travel/diseases/malaria>

If your son/daughter will receive treatment/immunizations from their primary care practitioner please update their health record and return to the TA Health Center.

**Please fill out the attached Affidavit and Permission for Medical Treatment Form and return to health@taboracademy or fax to #508-291-8368.** Please direct further questions or concerns to the Director of Health Services. Hope your child has a safe and rewarding service trip.

Kind regards,

*Julie Przybyszewski*

JULIE PRZYBYSZEWSKI, PNP, LMHC  
Director of Health Services  
Tabor Academy | School by the Sea  
66 Spring Street | Marion, MA 02738  
508.291.8306 x.8307 | 508.291.8368 fax  
[jprzybyszewski@taboracademy.org](mailto:jprzybyszewski@taboracademy.org)